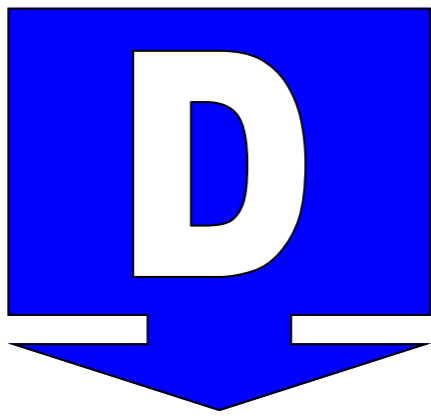


RESUSCITATION CHART

Emergency

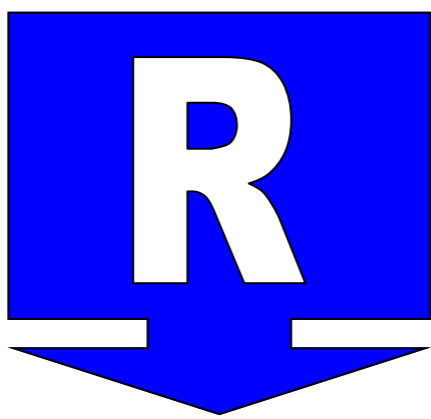
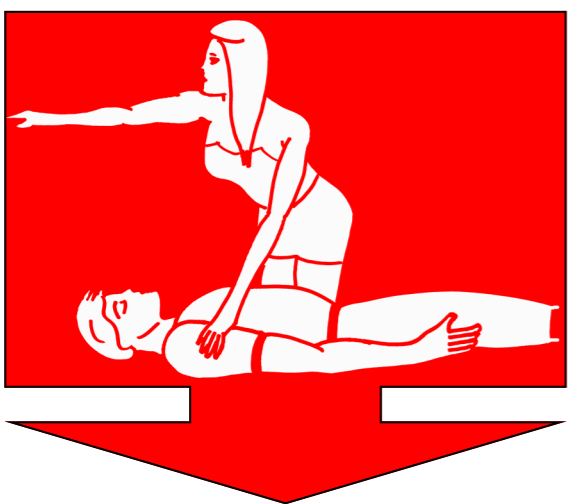
Call: 000

YOUNG CHILDREN SHOULD BE SUPERVISED WHEN USING THIS SWIMMING POOL
 POOL GATES MUST BE KEPT CLOSED AT ALL TIMES
 KEEP ARTICLES, OBJECTS AND STRUCTURES AT LEAST 900 MILLIMETRES CLEAR OF THE POOL FENCE AT ALL TIMES



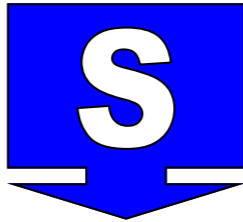
DANGER

CHECK FOR DANGER TO SELF BYSTANDERS & THE PATIENT

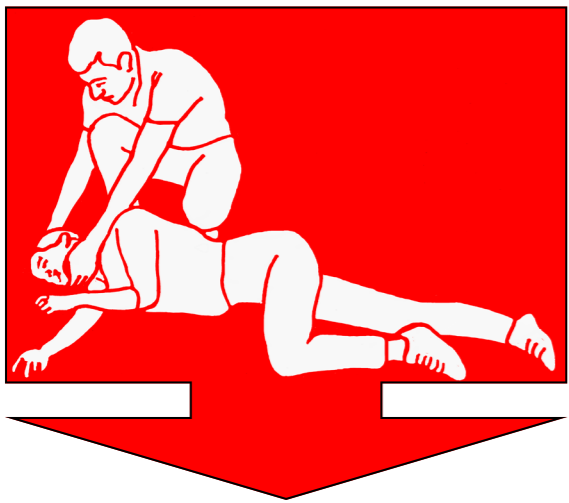


RESPONSE

CHECK FOR RESPONSE IF NO RESPONSE PLACE THE PATIENT ON THEIR SIDE & SEND FOR HELP

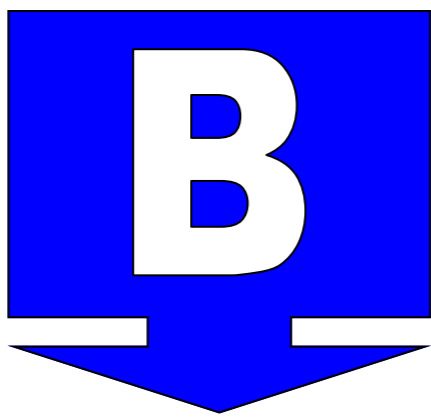
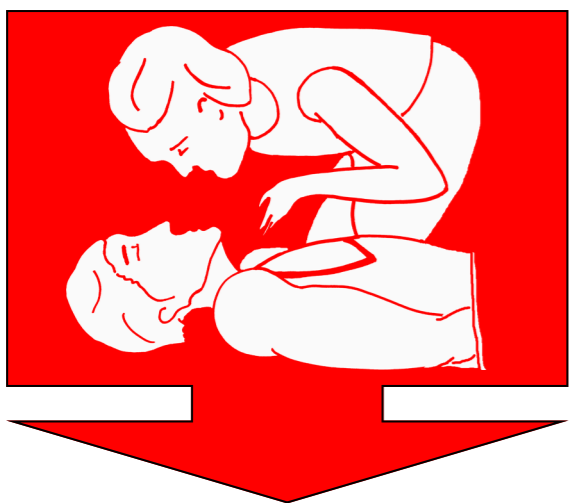


Send for HELP



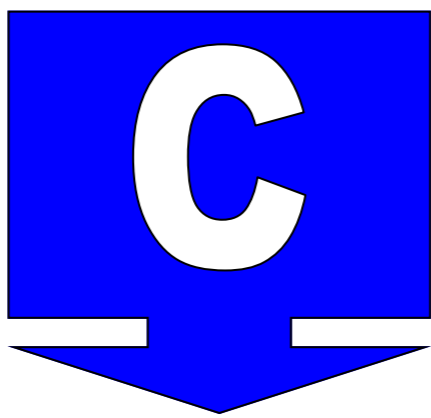
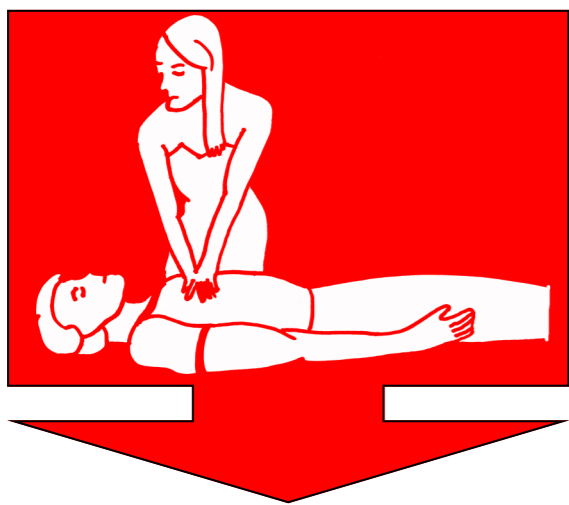
AIRWAY

CHECK & CLEAR IF BREATHING LEAVE ON SIDE



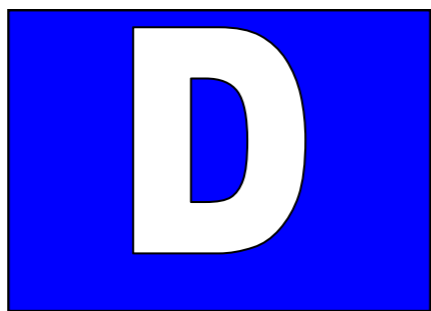
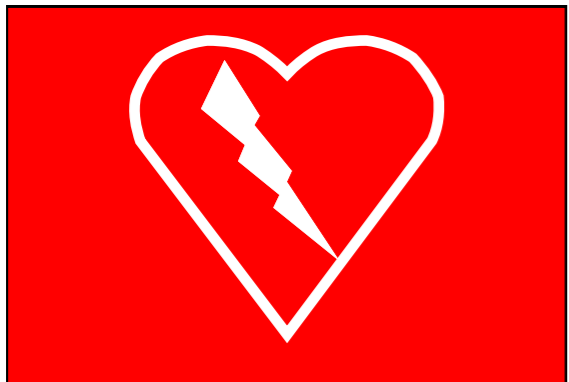
BREATHING

IF NO BREATHING GIVE 30 COMPRESSIONS THEN 2 RESCUE BREATHS if willing & able



CPR

GIVE 30 COMPRESSIONS GIVE 2 BREATHS CONTINUE TILL SIGNS OF LIFE RETURN



DEFIBRILLATION

IF PATIENT RECEIVING CPR AND A DEFIBRILLATOR IS AVAILABLE—ATTACH AND FOLLOW DIRECTIONS

	Ratio The number compressions to the number of breaths	Where to compress the chest	Compression method	How deep do you push down?	Number of "Rescue Breaths"
ADULT & Child	1 or 2 persons 30 : 2 At a rate of approx. 100—120/min	Middle of the chest	2 hands using only the heel of one hand	1/3 depth of chest	2
BABY under 12 months	1 or 2 persons 30 : 2 At a rate of approx. 100-120/min	Between the nipples	2 fingers	1/3 depth of chest	2

Vital First Aid® TRAINING SERVICES

This chart has been developed by PARAMEDICS to assist in an emergency. It is not designed to replace accredited training. Vital First Aid is a leading Registered Training Organisation delivering accredited Senior First Aid CPR & Defibrillation training is essential. Vital First Aid Ph 1300 880 343