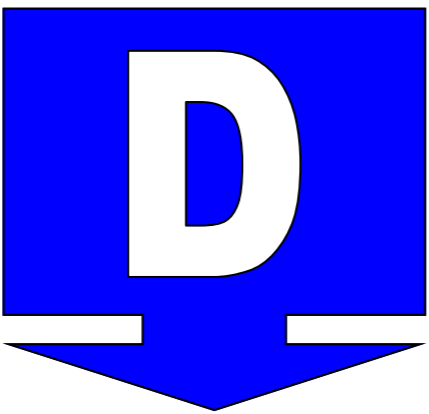


RESUSCITATION CHART

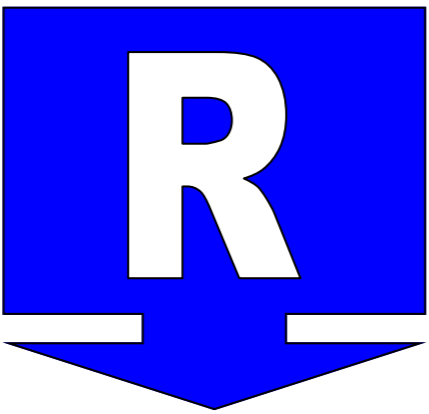
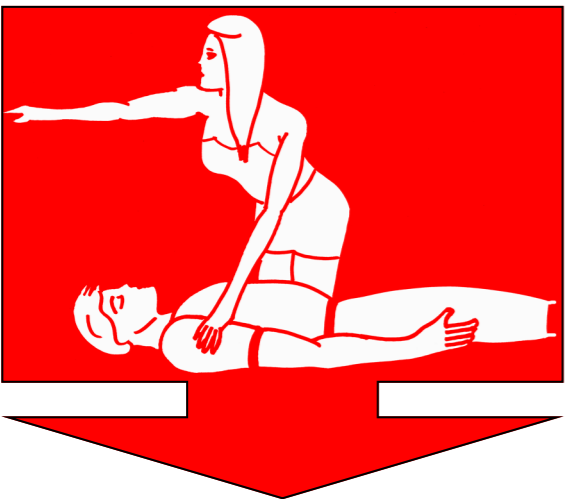
Emergency
Call: 000

YOUNG CHILDREN SHOULD BE SUPERVISED WHEN
USING THIS SWIMMING POOL
POOL GATES MUST BE KEPT CLOSED AT ALL TIMES
KEEP ARTICLES, OBJECTS AND STRUCTURES AT LEAST
900 MILLIMETRES CLEAR OF THE POOL FENCE AT ALL TIMES



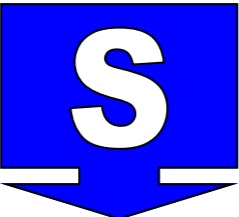
DANGER

CHECK FOR DANGER
TO SELF BYSTANDERS &
THE PATIENT

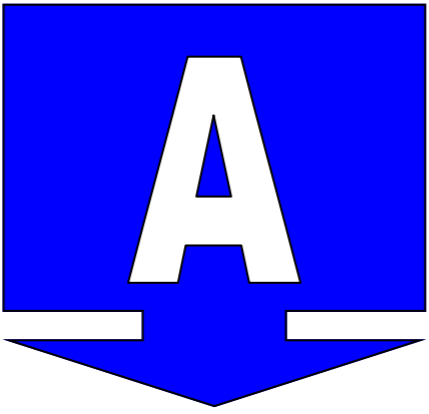
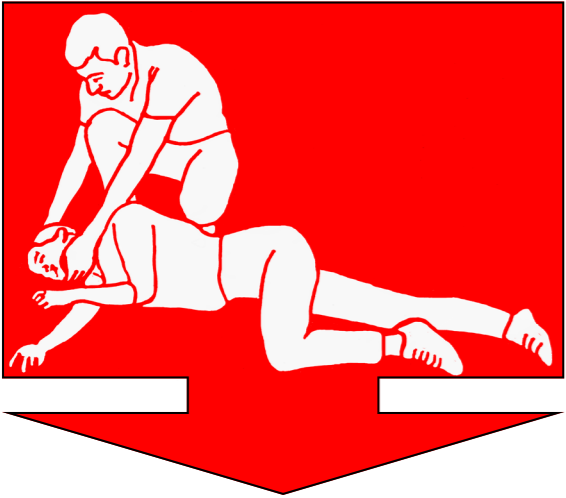


RESPONSE

CHECK FOR RESPONSE
IF NO RESPONSE PLACE
THE PATIENT ON
THEIR SIDE &
SEND FOR HELP

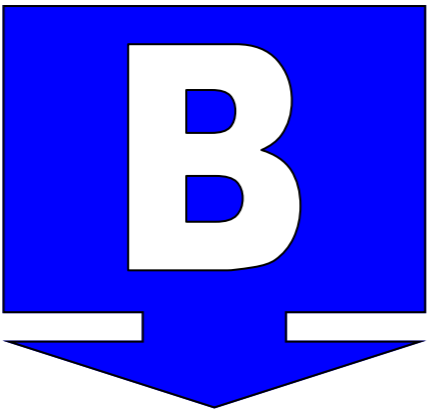
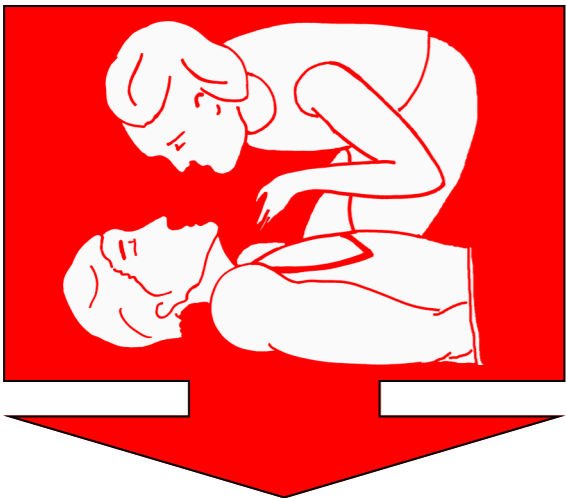


Send for HELP



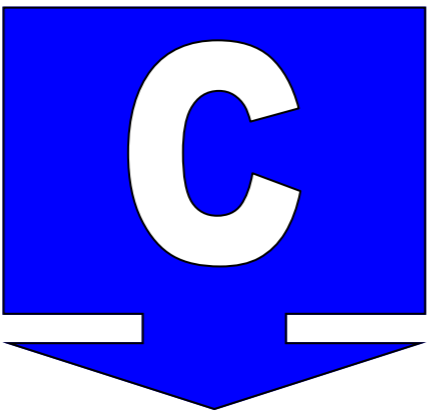
AIRWAY

CHECK & CLEAR
IF BREATHING LEAVE
ON SIDE



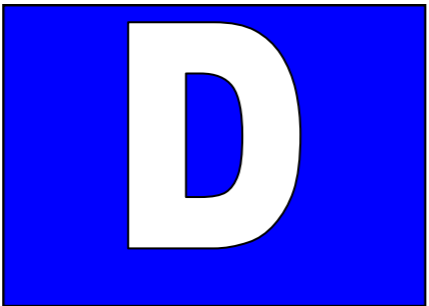
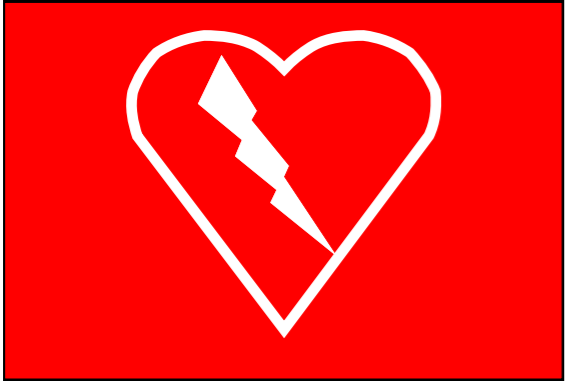
BREATHING

IF NO BREATHING
GIVE 30 COMPRESSIONS
THEN 2 RESCUE
BREATHS
if willing & able



CPR

GIVE 30 COMPRESSIONS
GIVE 2 BREATHS
CONTINUE TILL SIGNS OF
LIFE RETURN



DEFIBRILLATION

IF PATIENT RECEIVING CPR AND
A DEFIBRILLATOR IS
AVAILABLE—ATTACH AND
FOLLOW DIRECTIONS

	Ratio The number compressions to the number of breaths	Where to compress the chest	Compression method	How deep do you push down?	Number of "Rescue Breaths"
ADULT & Child	1 or 2 persons 30 : 2 At a rate of approx. 100—120/min	Middle of the chest	2 hands using on- ly the heel of one hand	1/3 depth of chest	2
BABY under 12 months	1 or 2 persons 30 : 2 At a rate of approx. 100-120/min	Between the nipples	2 fingers	1/3 depth of chest	2



Vital First Aid®
TRAINING SERVICES

This chart has been developed by
PARAMEDICS to assist in an emergency.
It is not designed to replace accredited training
Vital First Aid is a leading Registered Training Organisation
delivering accredited
First Aid, CPR & Defibrillation training is essential
Vital First Aid Ph 1300 880 343