

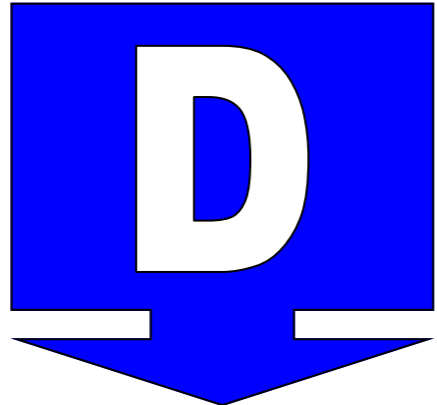
RESUSCITATION CHART

COVID SAFE

YOUNG CHILDREN SHOULD BE SUPERVISED WHEN USING THIS SWIMMING POOL
 POOL GATES MUST BE KEPT CLOSED AT ALL TIMES
 KEEP ARTICLES, OBJECTS AND STRUCTURES AT LEAST 900 MILLIMETRES CLEAR OF THE POOL FENCE AT ALL TIMES

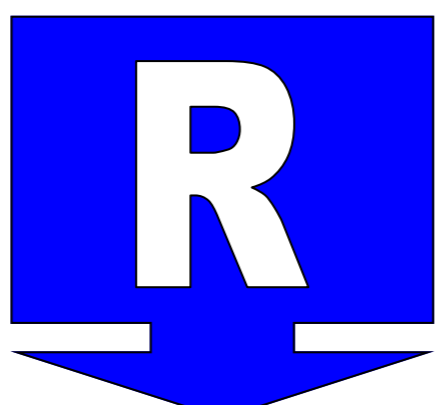
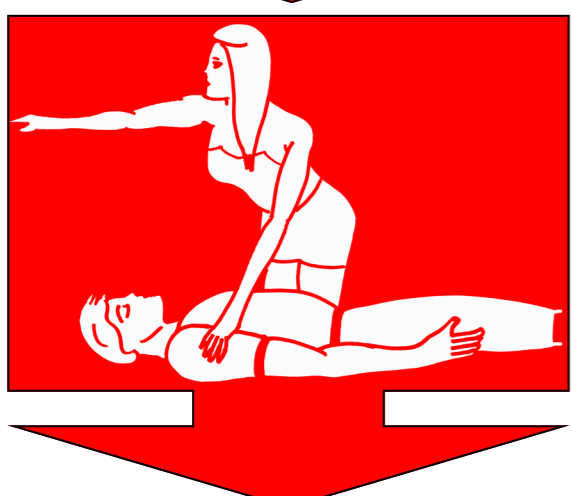
Emergency

Call: 000



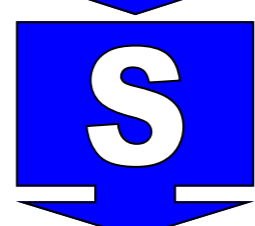
DANGER

CHECK FOR DANGER TO SELF, BYSTANDERS & THE PATIENT
 Wear gloves and consider wearing a mask

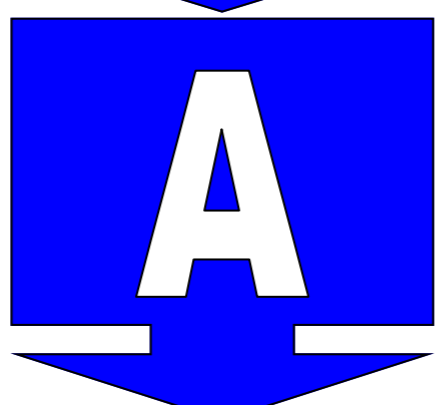
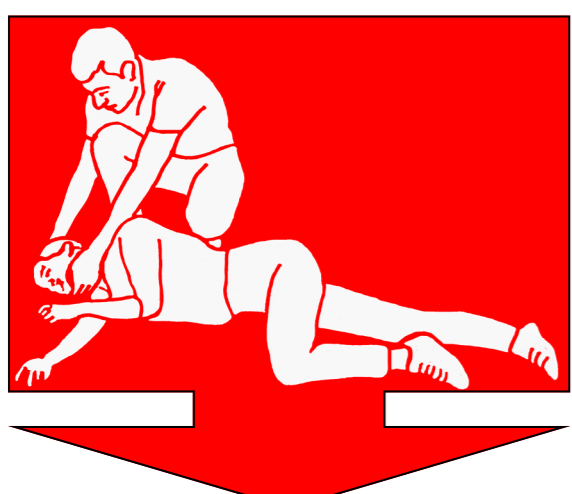


RESPONSE

CHECK FOR RESPONSE IF NO RESPONSE PLACE THE PATIENT ON THEIR SIDE & SEND FOR HELP

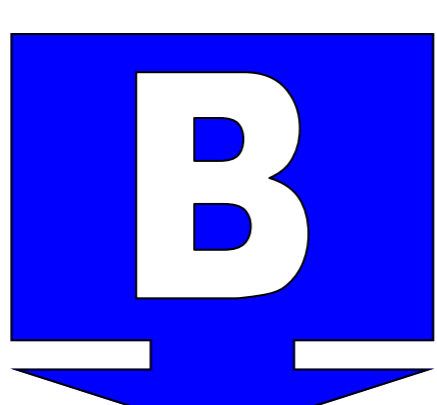
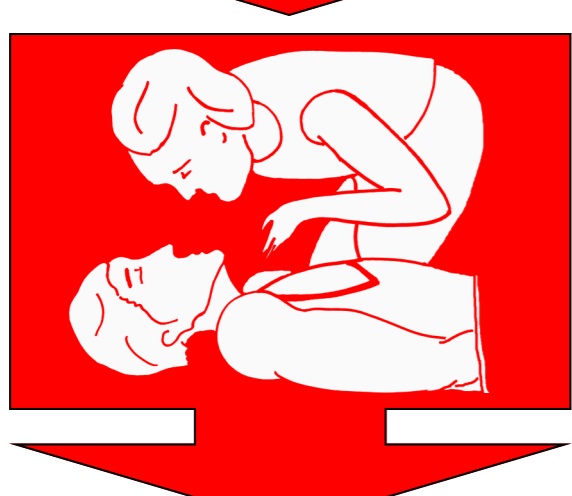


Send for HELP



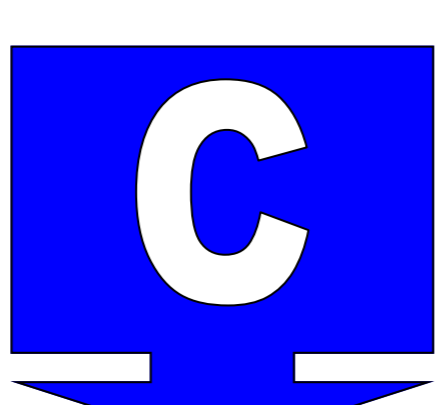
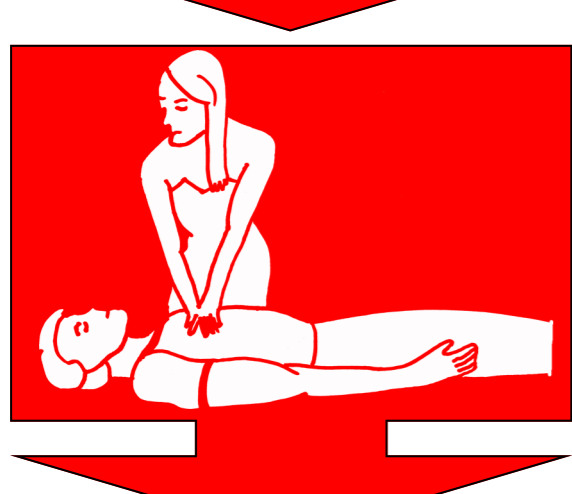
AIRWAY

CHECK & CLEAR the airway
 Do not place your face near the patients nose/mouth
 IF BREATHING NORMALLY LEAVE ON SIDE



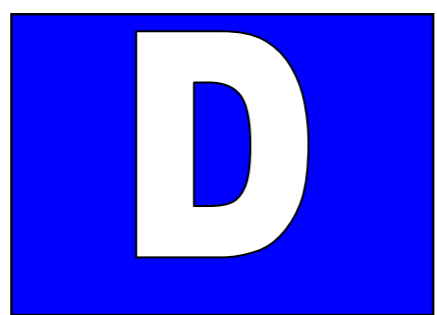
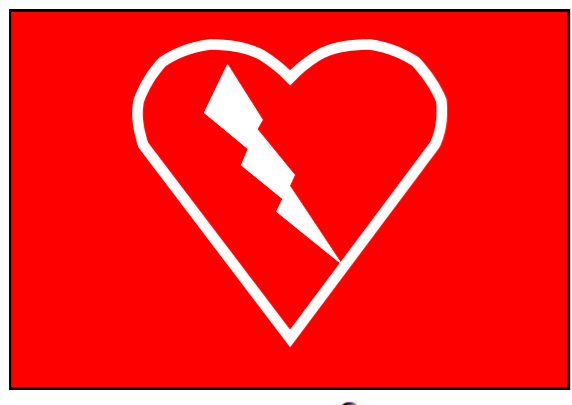
BREATHING

IF NO BREATHING Commence CPR



CPR

Adults - commence compressions and apply defibrillator if available
 Children/infant - consider rescue breaths and commence compressions



DEFIBRILLATION

IF PATIENT RECEIVING CPR AND A DEFIBRILLATOR IS AVAILABLE—ATTACH AND FOLLOW DIRECTIONS

	Ratio The number compressions to the number of breaths	Where to compress the chest	Compression method	How deep do you push down?	Number of "Rescue Breaths"
ADULT & Child	1 or 2 persons 30 : 2 At a rate of approx. 100—120/min	Middle of the chest	2 hands using only the heel of one hand	1/3 depth of chest	2
BABY under 12 months	1 or 2 persons 30 : 2 At a rate of approx. 100—120/min	Between the nipples	2 fingers	1/3 depth of chest	2



VITAL FIRST AID TRAINING SERVICES

This chart has been developed by PARAMEDICS to assist in an emergency. It is not designed to replace accredited training. Vital First Aid is a leading Registered Training Organisation delivering accredited Senior First Aid CPR & Defibrillation training is essential. Vital First Aid Ph 1300 880 343